HUBBARD COMMUNICATIONS OFFICE Saint Hill Manor, East Grinstead, Sussex

Remimeo HCO Tech/Qual

HCO POLICY LETTER OF 29 JUNE 1961R REVISED 8 NOVEMBER 1980

(Revised to update and include additional questions on the Student Confessional and to add the end rudiments and the Proclamation of Forgiveness.)

> (Revisions and Additions in Script) (Ellipses indicate Deletions)

> > Confessional Form 5R

STUDENT CONFESSIONAL LIST

(Cancels & Replaces BTB 24 Dec 72RA Issue V Confessional Form 5 STUDENT CONFESSIONAL LIST.)

REF: HCOB 30 November 1978 CONFESSIONAL PROCEDURE

Anyone doing a Confessional must be on or have done a Confessional course or internship.

The procedure for doing a Confessional is contained in HCOB 30 November 1978 CONFESSIONAL PROCEDURE.

When applying Confessional tech correctly, you are helping the individual to face up to his responsibilities in his group and the society and putting him back into communication with his fellow man, his family, and the world at large.

The first few questions below are for a student who has registered, but not yet started on course, and who has never had a course in Scientology or Dianetics. The whole battery is given to a student actually on *a tech* course, or who has had a previous course in Scientology, or Dianetics. When using this Confessional List for a student on a non-tech course (staff courses, OEC, etc.) omit those questions marked with an asterisk (*).

AUDITOR: _____ PRECLEAR: _____ _____ DATE: _____ ORG: _____ Has anyone given, or loaned, you money to help cover your tui-1. tion or expenses, while on this course? If so: Have you promised them something in return for this? If so: What exactly have you committed yourself to? If so: Do you intend to make good this obligation? Are you coming on this course in order to get away from some-2. one, or something? Do you have any goal for being on this course which, if achieved, 3. would result in harm to another person, his possessions, or his reputation?

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- 4. Are you here in order to get into anything?
- *5. Have you promised anyone auditing which you do not intend to give?
- 6. Have you read, or had read to you, the *Student Guide to Acceptable Behaviour?* If so: Are there any *rules* you do not intend to comply with?
- 7. Are you here to find out whether Scientology works?
- 8. Are you here to prove that Scientology can't help you?
- 9. Are you here to prove that you cannot help others with Scientology?
- 10. Is there anything, discreditable to you, going on back home which is liable to be found out by reason of your being on this course?
- 11. Are you neglecting any responsibilities of yours in order to take this course?
- 12. Is there anything important that you are setting aside until after the end of this course?
- 13. Do you already know all there is to know about Scientology?
- 14. Are you here for any other reason than to become an expert auditor or administrator?
- 15. Do you have overts against the subject you are studying?
- 16. Are you coming on this course with the intention of killing off your body?
- 17. Are you coming on this course with the intention of spinning or going insane?
- 18. Is there any goal that you have for this course harmful to any dynamic?
- 19. Are you presently taking tranquilizers, drugs, or medication of any sort?
- 20. Is there anyone you are in communication with that regularly makes a practice of discrediting Scientology, its personnel, or its organizations, to you?
- 21. Is anyone counting on you to keep something secret while you are on course?
- 22. Are you presently suffering from some bodily, or mental, condition that others have failed to alleviate?
- 23. Are you secretly worried about some condition of your body, or your mind?
- 24. Are you upset by my questions?

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| 25. | While on course, have you ever failed to look up a misunder- stood word? | |
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| 26. | Have you ever checked out another student without demanding application? | |
| 27. | • Have you ever flunked another student for something he really knew? | |
| 28. | Is there anything about this course, or the Academy, or Scien- tology, that you are making allowances for? | |
| 29. | Have you done any drinking on class days? | |
| 30. | Have you told any other students that your <i>Supervisor's</i> data was wrong? | |
| 31. | Have you ever given a twin a false pass? | . <u> </u> |
| 32. | Have you allowed yourself to be passed on something you didn't fully understand? | |
| 33. | Have you ever falsely signed off an item on a checksheet? | |
| 34. | Have you had sex with another student? | |
| 35. | Are you trying to get another student to have sex with you? | |
| 36. | Have you have sex with another staff member? | |
| 37. | Are you trying to get a staff member to have sex with you? | |
| 38. | Have you borrowed any organization property and not returned it? | |
| 39. | Have you invalidated, or criticized, any auditors to their pre- clears? | |
| 40. | Do you intend to practice Scientology in the field differently from how you have been taught it here? | |
| 41. | Have you taken a course in Scientology for status only? | |
| 42. | Have you taken a course in Scientology that was not on your own self-determinism? (If so, ask: Who exactly have you made guilty of this?) | |
| 43. | Have you tried to be better than or beat someone else on course? | |
| 44. | Have you quickied a course? | |
| 45. | Have you coughed, or distracted others, during course time? | |
| 46. | Have you done any self-auditing? | |
| 47. | Have you done any unauthorized auditing? | |
| 48. | Have you received any unauthorized auditing? | |
| 49. | Have you criticized your auditor to others? | |
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| 50. | Have you been thinking unkind, or critical, thoughts about your preclear? L. Ron Hubbard? Your <i>Supervisors?</i> Your auditor? Other students? Staff Members? | |
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| 51. | Have you criticized this course, or the organization, verbally, or in writing, to non-Scientologists? | |
| 52. | Have you criticized your Supervisors, or the D of T, to others? | |
| 53. | Have you said or done anything to make field Scientologists think badly of <i>this</i> organization, or its staff? | |
| 54. | Is there anything here that you feel so uncomfortable about that you are thinking of leaving? | |
| 55. | Have you received any medical, dental or other treatment while on course without permission? | |
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| 56. | Have you been late to any scheduled course periods? | |
| 57. | Have you cheated on any course exams? | • •••• •••• |
| 58. | Have you passed off any other student's work as your own? | |
| *59. | Have you quickied a student auditing requirement to graduate from course? | |
| 60. | Have you falsely attested on graduating a course? | |
| 61. | Have you attested to completion of a course when you knew you had uncertainties on the materials? | |
| *62. | Have you tried to persuade any potential preclear to wait and be audited by you after the course rather than by the HGC? | |
| *63. | Have you violated the Auditor's Code while auditing your pre- clear? | |
| *64. | Have you done anything really stupid with your preclear? | |
| 65. | Have you violated the Code of a Scientologist in any way? | |
| 66. | Have you been absent from any course period without your Supervisor's knowledge or consent? | |
| 67. | Are you in disagreement with any of the stable data of Scien- tology? | |
| 68. | Have you been getting less sleep than usual? | |
| 69. | Have you been eating less than usual? | |
| *70. | Is there anything you are withholding from your auditor because he's "only a student"? | |
| 71. | Have you taken tranquilizers, or drugs, of any sort? | |
| 72. | Have you deliberately disobeyed your Supervisor's orders, or | |
| ; _ , | directions? | |

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| 73. | Have you unintentionally failed to follow your Supervisor's orders, or directions? | |
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| 74. | Have you given verbal tech to another student? | |
| 75. | Have you been insecure with confidential materials? | |
| 76. | Have you tried to break up anyone's marriage? | |
| 77. | Have you secretly violated any course rule or regulation? | |
| 78. | Have you tried to enturbulate the course, or any person connected with it? | |
| 79. | Have you failed to fully clear a misunderstood word to full con- ceptual understanding? | |
| 80. | Have you gone by an area of study you knew you had confusions on and didn't clear it up? | |
| 81. | Have you pretended not to be bogged on study when you really were? | |
| 82. | Have you ever accepted verbal tech while doing a drill? | |
| 83. | Have you taken any other student's property? | |
| 84. | Do you have any other student's property in your possession? | |
| 85. | Have you taken any staff member's, or HGC pc's, property? | |
| 86. | Do you have any staff member's, or HGC pc's, property in your possession? | |
| 87. | Have you taken any organization property? | |
| 88. | Have you broken, or damaged, anything belonging to the organization, or its staff? | |
| 89. | Have you any organization property in your possession? | |
| 90. | Have you passed any restricted data of Scientology to unauthor- ized persons? | |
| 91. | Have you tried in any way to give Scientology a bad name? | |
| 92. | Have you tried to give any Scientologist a bad name? | |
| 93. | Are you a difficult, or uncooperative, student? | |
| 94. | Have you ever alter-ised or misadvised others on the use of Study Tech? | |
| 95. | Do you have a grudge against any other student, or staff member? | |
| 96. | Have you tried to get any other student removed from this course? | |
| 97. | Have you tried to make any staff member lose his job? | |

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| 98. | Have you told lies about anyone while on this course? | |
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| 99. | Have you done anything outside of course hours which you shouldn't have? | |
| 100. | Have you been doing less than your best to become an expert auditor or administrator? | |
| 101. | Are you doing anything which will prevent your becoming an expert Scientologist? | |
| 102. | Have you been spending time, which should have been spent studying Scientology, doing something else? | |
| 103. | Have you ever used listening to tapes as an opportunity to drift off into your own thoughts unnoticed? | |
| 104. | Have you ever bluffed your way through a checkout? | |
| 105. | Have you ever accepted a non-standard checkout just so you could get on with it? | |
| 106. | Are you making any Scientologist guilty of anything? | |
| 107. | Have you been doing anything you believe is not right to obtain money for this course? | |
| 108. | Have you done anything while on this course that you would hate to have known back home? | |
| 109. | Have you been misapplying anything you have been taught in such a way as to make it appear that what you've been taught doesn't work? | |
| 110. | Have you been doing anything solely because it is "the Super- visor's idea"? | |
| 111. | Have you been doing anything solely because it is "L. Ron Hub- bard's idea"? | |
| 112. | Have you been putting into practice any method, or datum, that you don't see the reason for? | |
| 113. | Have you done anything that would discredit Ron or Mary Sue Hubbard, or your <i>Supervisors</i> by reason of their having trained you? | |
| 114. | Is there something you've been wondering about concerning Scientology, or Scientologists, which you haven't asked your <i>Supervisor</i> about? | |
| 115. | Is there anything that L. Ron Hubbard or your <i>Supervisors</i> should mistrust you for that you haven't told them about? | |
| 116. | Are you withholding asking any question because you're afraid it will sound stupid? | |
| 117. | Have you been making a practice of getting other students to answer your questions rather than the <i>Supervisor?</i> (If so, what questions? Why?) | |

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- 118. Have you been keeping other students from doing their work?
- 119. Have you been such a problem to your *Supervisors* that you've been robbing other students of their fair share of the *Supervisors*' time?
- 120. Have you ever done a clay demo just to please the Supervisor without really understanding what was demoed?
- 121. Have you ever used a demo kit to keep the Supervisor off your back?
- 122. Have you ever felt that you were incorrectly targetted on course? (If so, ask: "Who exactly have you made guilty of this?")
- 123. Have you been writing letters home, or elsewhere, criticizing this course? The *Supervisors?* Your fellow students?
- 124. Do you regularly make a practice of gossiping about the affairs of staff, students or preclears?
- *125. Have you tried out any processes that you've dreamed up yourself on staff, students or preclears?
- *126. Have you been testing any squirrel processes on anyone?
- *127. Is there any process you are certain would resolve your case, or your pc's case, which is not being used?
 - 128. Is there anyone to whom you make a regular practice of discrediting Scientology, its organizations, or its personnel?
 - 129. Are you in communication with someone who is a much better Scientologist than your Supervisor?
 - 130. Are you in communication with someone who understands more about Scientology than L. Ron Hubbard?
 - 131. Have you ever, while on course, felt that you would not achieve your goals by reason of poor auditing, or poor *supervising?* (If so, *ask:* who exactly have you made guilty of this?)
 - 132. Have you prevented anyone, including *Supervisors*, from achieving goals concerning you, or others, in Scientology?
 - 133. Have you ever allowed yourself to be rushed through your materials so you could be counted as a stat? (If so, ask: who exactly have you made guilty of this?)
 - 134. Have you thought so badly of *this* organization for any reason that you would under no circumstances accept a job here on completion of this course?
 - 135. Are you in fairly regular communication with anyone who has a lot of ARC breaks with L. Ron Hubbard, or *Scientology* organizations? (If so, *ask:* what is the nature and frequency of this communication?)
- 136. Are you in fairly regular communication with any group that is interested in seeing Scientology fail, or its organizations discredited?

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| 137. | Is anyone hostile to Scientology assisting you financially on this course? | |
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| *138. | Have you run any unauthorized processes on anyone? | |
| 139. | Have you permitted anyone to run unauthorized processes on you? | |
| 140. | Is anyone here counting on you to keep a secret for him? | |
| 141. | Have you any feeling of "injured innocence" at having been asked these questions? | |
| 142. | Have you been going to some other person rather than your D of T or <i>Supervisors</i> to get the "real data" on Scientology? | |
| 143. | Have you been critical of the data or quality of tapes? | |
| 144. | Have you been critical of the data in or quality of texts on Dianetics and Scientology? | |
| 145. | Have you ever been critical of Scientology terminology? | |
| 146. | Have you ever written and then destroyed critical messages ad- dressed to L. Ron Hubbard? | |
| 147. | How do you feel about these questions? | |
| 148. | In this Confessional, have you told a half-truth? | |
| 149. | In this Confessional, have you told an untruth? | |
| 150. | In this Confessional, has a withhold been missed? | |
| 151. | In this Confessional, have you told all? | |

Give the pc the Proclamation of Forgiveness:

BY THE POWER INVESTED IN ME, ANY OVERTS AND WITHHOLDS YOU HAVE FULLY AND TRUTHFULLY TOLD ME ARE FORGIVEN BY SCIENTOLOGISTS.

On any adverse reaction to the Proclamation of Forgiveness, get the rest of the withhold or repair the withhold session. (Ref: HCOB 10 Nov 78R-1 PROCLAMA-TION: POWER TO FORGIVE—ADDITION.)

(NOTE: If this is being used as an HCO Confessional the Proclamation of Forgiveness is omitted.)

> L. RON HUBBARD FOUNDER

Revision assisted by Mission Issues Revision I/C

Approved & accepted by the

BOARDS OF DIRECTORS of the CHURCHES OF SCIENTOLOGY

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